



**NATIONAL AGE & OPEN SQUAD TERM 4—2011**

**SCHOOL HOLIDAY TRAINING—AS PER XMAS CALENDAR**

**Commences 12th December**

**TERM 1—Monday 30th January to Saturday 31st March**

DAY	AM	PM	DRY LAND
MONDAY	5:40 - 7:30	5:00—7.00	
TUESDAY		5:10 - 7:15	
WEDNESDAY		4:25 - 6:30	5.45 –7.00AM
THURSDAY	5:25 - 7:30	4:10 - 5:45	6:45 – 7:30AM
FRIDAY	5:40 - 7.30	4:55 - 7:00	
SATURDAY	5.30 – 8:00*		5.30—6.00AM

**\*COMPULSORY SESSION**

**NO TRAINING**

**FRIDAY PM 17th February (TIME TRIALS)**

**FRIDAY PM 17th February (SCHOOL USE)**

**FRIDAY PM 17th February (SCHOOL USE)**

**FRIDAY PM 17TH March (TIME TRIALS)**

**OTHER CHANGES AS PER CLUB NEWSFLYER.**

**PAYMENT MUST BE RECEIVED BY THE DUE DATE OR YOUR CHILD WILL NOT BE ALLOWED TO ENTER THE WATER**

