



Do you have a question about how things work at Neons or a general swimming-related question that you can't find an answer for on our website www.ivanhoeneons.org.au? If so, email our Club Secretary at administration@ivanhoeneons.org.au For all coaching and squad matters, please contact Head Coach Jo Love at love_j@igs.vic.edu.au

NEONS NEWS

From the **Ivanhoe Neons Swimming Club**
Tuesday 1st December 2008
Postal address: P.O. Box 2219 East Ivanhoe 3079

SWIMMING CAPS AND GENERAL POOL RULES

We have been asked by the school to remind all our club swimmers that swim caps are compulsory during training sessions. Also food is not to be consumed in the pool building, so swimmers please eat your afternoon tea outside.

SV DEVELOPMENT OPEN WATER TOURING SQUAD

Jess McCarthy spent the weekend away with the SV squad in Sydney. Jess finished 7th in the 14yrs 5km event. It was a wonderful opportunity for Jess, as she not only competed against the best open water swimmers in Australia, but also roomed with Belinda Bennett. Belinda Bennett is one of Victoria's best open water swimmers who is also a very highly ranked Australian swimmer about to depart on the Australian Junior Pan Pac Team.

PACIFIC SCHOOL GAMES TEAM - CANBERRA 1st-5th DEC

Good luck to Neon's five representatives on the Victorian Secondary Schools Team to compete this week in Canberra at the AIS pool against other Australian states and a handful of overseas countries. We wish Michael Forno, Kayne Johns, Matt Sterrenberg, Tom Newton and Troy Gazzola a successful meet.

UPCOMING EVENTS

Qualified Swimmers
12 & 11/u State Champs
20/21 Dec @ MSAC

Qualified Swimmers
Age State Champs
(13-18yrs)
3-7 Jan @ MSAC

RAFFLE

All raffle books and money must please be handed into the IGS office by 5th December

13 - 18 YRS & OPEN STATE CHAMPS - ENTRIES DUE THURS 5th DEC TO JO

Info is available from www.swimmingvictoria.org.au <<http://www.swimmingvictoria.org.au/>>

Entries: All information about filling out entry forms correctly can be found at the above website.

Entries have now been passed to all swimmers - please complete and return asap. Entries must be legible and returned with payment in a named envelope. Payment made by credit card will be finalised through the swim school not Swimming Victoria, so we can forward entries online.

Qualifying Times: It is your responsibility to ensure entries are filled out correctly.

2008/09 Victorian Long Course Qualifying Times apply. Entry times must have been swum since 1 January 2008 at an Approved Meet. If using a short course time, times must be converted using Swimming Victoria conversion factors. A small 'c' must be placed next to the converted time on the entry form. All times must be converted prior to the lodgement of entries. The 2008 Swimming Victoria Approved Meet listing is available under 'Events Resources' at www.swimmingvictoria.org.au.

NEW CLUB RECORDS

Results of November's Time Trials are included in this newsletter. Any records from this Time Trial will be reported at a later date. Congratulations to the following swimmers who set records at the Oct Time Trials:

Kayne Johns Open 50 Free 23.95 & Paris Gazzola 10 yo 50 Fly 37.99

A reminder that you can view past Time Trial results on our website - goto IN THE POOL / CLUB ACTITITES / CLUB TIME TRIALS

RESULTS OF TIME TRIALS HELD FRIDAY NOVEMBER 21ST

NAME	FLY	BACK	BREAST	FREE
BohunOlivija	37.93	40.48	46.75	32.04
BohunSimon	43.59	45.16	50.03	39.78
BohunSonija		57.48	57.20	51.55
CooperAlistair	31.62	36.14	44.25	30.64
FornoMichael	30.40	33.31	41.94	26.67
GazzolaParis	38.19	42.34	47.56	35.03
GazzolaTroy	31.11	33.29	46.38	29.23
HorstmanZac		51.21	61.75	45.16
IkedaNaoya	41.90	43.09	46.57	35.36
IkedaTaku	47.28	55.29	61.33	44.60
KreigerNicholas		54.31	58.54	44.95
LloydGeorgia	41.34	42.99	48.97	37.60
MakridisEllie	46.80	49.59	56.54	39.84
McAnaultyAlex	38.13	36.94	45.03	32.49
McCarthyJessica	32.27	34.49	40.11	31.22
NewtonAnnabel	33.45	36.13	44.20	31.66
NewtonThomas	28.68	32.25	37.73	28.12
NicholsonMax	50.63	42.52	58.21	37.44
O'ConnorNicholas	28.88	30.37	35.21	27.97
PhillipsAlecia	38.67	40.68	43.91	34.03
PirrettLachlan	43.87	43.66	51.21	37.18
SalingerJoshua	33.31	37.60	37.49	32.19
SchneiderRemy	34.27	39.10	43.34	32.21
SimonsAshley	29.11	32.75	39.07	28.61
SterrenbergMatt	28.09	33.15	37.10	27.10
StirlingLachlan	37.19	40.53	47.54	34.78
StirlingMatthew	33.56	33.26	37.27	28.69
TannerMichael	36.41	38.45	48.94	33.42
TaoDavid	33.40	32.03	46.08	29.40
TerrillParis	50.13	51.84	57.60	47.50
TerrillSydney	39.73	40.42	48.37	35.03
TiganiTara	39.43	43.49	48.21	37.05
TraillTessa	39.17	39.26	50.86	35.22
ZhangLia	37.06	39.11	46.03	33.05