



Do you have a question about how things work at Neons or a general swimming-related question that you can't find an answer for on our website www.ivanhoeneons.org.au? If so, email our Club Secretary at administration@ivanhoeneons.org.au For all coaching and squad matters, please contact Head Coach Jo Love at love_j@igs.vic.edu.au

NEONS NEWS

From the **Ivanhoe Neons Swimming Club**
Tuesday 9th March 2010

Another Neons Shines

Congratulations to **NATALIE PRESUTTI** on achieving her National Qualifying time at the Last Blast meet on the weekend.

Swim Star of the Week – Week 2

Swimming Australia has provided Ivanhoe Neons with 5 swim caps to award to swimmers over the next 5 weeks. The Swim Star caps have been provided to the Club to reward and recognise members for non-performance related achievements. Clubs independently determine awards, for example: the most consistent trainer, the happiest squad member, the best fundraiser etc. These caps have been allocated to Junior Squad. This week's winner is **Gabriella Salzer** for renewed attitude and great session attendance. Congratulations Gabriella.

Ivanhoe Neons Club Championships

Please diarise **Friday 26 March** as our Club Championships Date. The meet flyer has been attached to the weekly newsletter email together with the entry form. Please make sure that all entries are received by Wednesday 17th March.

UPCOMING EVENTS

Qualified Swimmers
All Juniors Semis
20th March @ MSAC
All Juniors Finals
21st March @ MSAC

All Club Members
26 March 2010
Club Championships
IGS Pool

Qualified Swimmers
Australian Age
Championships
5th – 10th April
Sydney

HPS/SENIOR SQUAD GREENSBOROUGH TRAINING

Greensborough Pool is closing for refurbishment as of March 10th. As such Wednesday 10th will be our last session at Greensborough. As of Week beginning March 15th - Afternoon training times at IGS will be as follows. Morning session times remain as is.

- Monday 5.10 - 7.15pm - (Hps - still do dryland prior to swim session commencement.)
- Tuesday 4.30 - 6.30pm
- Thursday 5.00 - 7.15pm
- Friday 5.30 - 7.00pm (yes shorter session until end of term)

Forwarding the Weekly Neons Flyer

The coaches have requested that parents please either print out or forward onto swimmers email the flyer each week.