



Do you have a question about how things work at Neons or a general swimming-related question that you can't find an answer for on our website [www.ivanhoeneons.org.au](http://www.ivanhoeneons.org.au)? If so, email our Club Secretary at [administration@ivanhoeneons.org.au](mailto:administration@ivanhoeneons.org.au) For all coaching and squad matters, please contact Head Coach Jo Love at [love\\_j@igs.vic.edu.au](mailto:love_j@igs.vic.edu.au)

# NEONS NEWS

From the **Ivanhoe Neons Swimming Club**  
Tuesday 16<sup>th</sup> March 2010

## Commonwealth Games Trials : 16<sup>th</sup> – 21<sup>st</sup> March, Sydney

We have three swimmers representing the club at this year's Australian Open championships in Sydney. Sam Bramham is trying to gain a berth as one of the limited Multidisability swimmers to be selected on the Commonwealth Games team to held in India later this year. Sam has already represented the club in this prestigious event in 2006. Other swimmers representing the club are Lachlan Mcleish and Kayne Johns.

## Swim Star of the Week – Week 3

Swimming Australia has provided Ivanhoe Neons with 5 swim caps to award to swimmers over the next 5 weeks. The Swim Star caps have been provided to the Club to reward and recognise members for non-performance related achievements. Clubs independently determine awards, for example: the most consistent trainer, the happiest squad member, the best fundraiser etc. These caps have been allocated to Junior Squad.

**This week's winner is Taylor Giannis for great leadership in Junior Squad. Congratulations to Taylor**

## All Juniors

All junior information has been forwarded last week to all parents about this weekend's semi-finals to be held in the outdoor pool at MSAC.

For those swimming in the **morning session – Warmup is at 8am.**

For those swimming in the **afternoon session – Warmup is at 12noon.**

**Good luck to all swimmers.**

## Important Training Changes

Due to Joanne's being in Sydney and Michael required at the All Junior meet on Saturday,

**HPS & Senior squad will be training from 5.45am till 7am on Saturday 20th March**

**There will be no training for Junior or State Squad on Saturday 20<sup>th</sup> March**

## Surrey Park Meet – 21<sup>st</sup> March

We have a select group swimming at the Surrey Park meet on Sunday pm. Warmup will be at 1pm. No Coaches will be in attendance for this meet. This is a last opportunity for swimmers to add extra swims to their National program or have a hit out before National Age.

## National Age Swimmers

Information will be sent out later this week about entering for National Age online. All entries must be lodged by 5pm on Monday 22<sup>nd</sup>. You will need your login details for clubs online. If you have lost or need this information please contact Kate Sterrenberg ASAP.

## Club Championships

A reminder that entries close at the swim school office this Wednesday for our Club Championships – all club members should be swimming.

### UPCOMING EVENTS

**Qualified Swimmers**  
**All Juniors Semis**  
**20<sup>th</sup> March @ MSAC**  
**All Juniors Finals**  
**21<sup>st</sup> March @ MSAC**

**Qualified Swimmers**  
**Surrey Park Meet**  
**21<sup>st</sup> March @ MSAC**

**All Club Members**  
**26 March 2010**  
**Club Championships**  
**IGS Pool**

**Qualified Swimmers**  
**Australian Age**  
**Championships**  
**5<sup>th</sup> – 10<sup>th</sup> April**  
**Sydney**